



Relational competence important for parenting.

Relational competence, the ability to connect with others, is associated with improved contributions of young fathers during the transition to parenthood. Relational competence includes skills such as the ability to understand others' emotions, to appreciate others, to express positive feelings for others, and to partner effectively.

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Resources

Transitions chapter in *Youth Who Thrive: A review of critical factors and effective practices for 12-25 year olds*. [PDF]

