



Relatedness benefits youth in care.

Young people in care, whether in foster care or group homes, often experience difficulties during their transition to independence because of the sudden absence of caregiver support. Relatedness with supportive, dependable, and consistent adults and mentors is a critical factor to support young people transitioning out of care.

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Resources

Transitions chapter in *Youth Who Thrive: A review of critical factors and effective practices for 12-25 year olds*. [PDF]

