



The research identifies 10 important features of effective youth programs and their settings. Four features support relatedness, four support autonomy and competence, and two support all three critical factors (autonomy, relatedness, and competence).



### Key Features of Effective Youth Programs



[Relatedness Program Features](#)

[Autonomy and Competence Program Features](#)

[Program Features for all Three Factors](#)

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#### Resources

[Interventions chapter in Youth Who Thrive: A review of critical factors and effective practices for 12-25 year olds \[PDF\]](#)

