



Autonomy, relatedness and competence are affected by demographic factors.



Gender

Socioeconomic status

Ethnicity



These and other demographic factors are important to take into account in programs, but current research does not tell us how to tailor programs with these in mind. There is even less research published about the specific demographic characteristics of the complex youth population in the Greater Toronto Area (GTA). The following examples are not specific to youth in the GTA, but may provide hints and suggestions to tailor youth programs to a specific group of youth.

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Resources

[Questions to Consider \[webpage\]](#)

[Youth Who Thrive \(full literature review\) \[PDF\]](#)

