



Youth programs can assist youth to thrive by experiencing positive results, or outcomes, in three areas: learning, feeling, and behaving.



- Learning
- Feeling
- Behaving

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Resources

- [Head, Heart, Feet and Spirit worksheet to reflect on learning, feeling and behaving outcomes that lead to youth thriving \[website\]](#)
- [Youth Who Thrive \(full literature review\) \[PDF\]](#)
- [Outcomes page \[PDF\]](#)

